



Gifts of the Spirit: True Stories to Renew Your Soul

Ardath H. Rodale

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Each of the essays in *Gifts of the Spirit* share Ardath (Ardie) Rodale's vision of where we can find spirituality: in the various, everyday events, responsibilities and moments of joy and sadness that make up our lives. Whether she's writing about alone-time spent on a garden path or the special, poignant meaning a perfectly formed white feather has, Ardie shows us that common ground exists within personal experience.

Anyone who has ever marveled at the pure joy of a child's smile, been amazed at how a chance encounter with a stranger can have unexpected meaning, or felt the mysterious power that sharing with others can bring, will find the observations and wisdom in *Gifts of the Spirit* reaching into their hearts and souls. We will reconnect with the core of spiritual life-- home and family-- and be moved to examine our own life experiences for the sacred lessons they can teach, no matter what our faith may be.

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