



Clinical Psychopharmacology: A Practical Approach

Humberto Marin, Javier I Escobar

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This book aims to provide comprehensive, up-to-date information on psychotropic drugs and inform clinical decisions for the treatment of mental disorders using a problem-solving approach.

In order to accomplish these goals, the book has three central characteristics:

- it is evidence-based
- it compares each individual drug with others in the same class and also those used for the same indications rather than describing them separately
- it steadily draws practical conclusions and makes recommendations about how to select and use medications in the treatment of specific mental disorders

More than a textbook, it is meant to serve as a practical tool for professionals working in the mental health field.

Readership: Professional psychiatrists, psychologists, primary care practitioners, clinical practitioners.

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