



# Biomechanics of Sport and Exercise

*Peter M. McGinnis*

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## **Biomechanics of Sport and Exercise** Peter M. McGinnis

State Univ. of New York, Cortland. Textbook covering an introduction to biomechanics, external biomechanics and their effects on the body, internal biomechanics, and the application of biomechanics. For undergraduate students.

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