



Marriage Rules: A Manual for the Married and the Coupled Up

Harriet Lerner

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Marriage Rules: A Manual for the Married and the Coupled Up Harriet Lerner
Coupling up is complicated—Dr. Harriet Lerner’s marriage rules are not.

This marriage book provides couple’s therapy in a unique format perfect for today’s world. The renowned author of *The Dance of Anger* gives readers more than one hundred rules that cover all the hot spots in long-term relationships.

Marriage Rules offers new relationship advice to age-old problems (“He won’t talk”/“She doesn’t want sex”) as well as modern ones (your partner’s relationship to technology). If one person in a couple follows ten rules of his or her choice, it will generate a major, positive change. All that’s required is a genuine wish for a better relationship and a willingness to practice.

Marriage Rules is a treasure chest of lively, practical advice to help you navigate your relationships issues with clarity, courage, and joyous conviction.

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