



# **Life With a Partner or Spouse With Asperger Syndrome: Going over the Edge? Practical Steps to Savings You and Your Relationship**

*Kathy J. Marshack*

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Delve into the dramatic impact Asperger Syndrome can have on the complex world of adult interpersonal relationships. Psychologist Kathy Marshack shares poignant true stories based on her own life and the lives of her clients, focusing on how partners/spouses of someone with AS can take back their own life and find true meaning and happiness. The author discusses these sensitive issues and shows readers how to take control of their lives and grow away from dysfunctional behavior and dysfunctional relationships. Each chapter closes with a series of Lessons Learned that recap the main points of the chapter and offer new ways to look at these very unique challenges.

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