

# Color Your Future: Using the Color Code to Strenghthen Your Character

Taylor Hartman

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In *The Color Code*, psychologist Dr. Taylor Hartman's groundbreaking examination of personality and motivation, readers learned that we are all born with our personality intact. In *Color Your Future*, Hartman goes a step further and explores how we can enjoy more rewarding relationships by using color coding to better understand our character.

Good character, Hartman writes, is a choice, not chance: "Unlike the gift of personality you received at birth, the gift of character must be *earned* throughout your lifetime." Improving our character is both possible and necessary, Hartman says, because we will reap the benefits throughout our life and in all of our relationships. He identifies four character paths that are open to us; the path we choose determines the quality of our life.

The crux of *Color Your Future* is the Hartman Character Profile. Using the same personality designations found in *The Color Code* (which are explained here in abbreviated form), the Hartman Character Profile uses an individual's self-assessment as well as others' impressions to create a full and balanced character portrait. The result is a through, illuminating picture of a person's character that shows us how to work toward what Hartman calls "the charactered path."

Using the Hartman Character Profile will help you to:

- \* Recognize your innate -- and developed -- strengths
- \* Identify your core motivations
- \* Understand how to communicate more effectively
- \* Master the six steps to improving your character
- \* Discover the importance of character "stretching"

Many of us have never given a second thought to character -- our own or anyone else's. It's time we did, Hartman says, and with *Color Your Future*, he provides the perfect tool to help us improve our relationships and ourselves.



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