



Talk Truth to Yourself: Biblical Affirmations for How to live by God's promises instead of believing the lies we tell ourselves (Better Life Tools Book 1)

Brian Williams

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Every day you have thousands of choices to make. These choices determine what you do, how you act, what results and consequences you'll have in your life and even who you become. The decisions we make are based on our beliefs. The problem is that many of our beliefs are based on wrong thinking that has been ingrained in our lives and has become truth to us even though it may be wrong or harmful.

If you are struggling to overcome something or want to experience the victory of walking by faith in every area of your life, this book is for you. Contained in Talk Truth to Yourself is a powerful promise from God's Word for every day of the year combined with the affirmation to claim each promise for your life. Over time allow the God's promises in this book to change your very thinking.

It is very simple to read and use and the daily scriptures literally take less than five minutes per day to read, but when the ones most powerful for you are studied and memorized, they can change your life forever.

To really live the life of purpose and to experience victory God has for you, start with what you believe. Take the first step and begin reading a promise each day from this book then claim it for your life, over and over. God will honor it and change you in the process! To help you grow each day, I also encourage you to read this book together with the companion book "Walk With God Today" to get the most out of your daily devotions and life changes.

Just like any instructional or devotional book, this one can be just informational or literally transformational! The results are really up to you and are based on how you want to use it. At a minimum this book will get you thinking about truth for living and give you scriptures to think about. It will cause you to ponder how you are thinking and believing in life, and whether or not you are receiving all that God has for you through His promises and the salvation of Jesus Christ.

At its most effective level, this book will cause you to challenge what you believe as true and compare it to what God says is true about you, about life and about eternity. It will also help you make the shift from basing your life on lies to living by God's truth and victory in all areas. It will transform your heart and your life to a life of victory and confidence in God and transform you into the person He has made you to be.

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Betty Freeman:

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Lucia Stevenson:

In this time globalization it is important to someone to find information. The information will make a professional understand the condition of the world. The condition of the world makes the information quicker to share. You can find a lot of references to get information example: internet, newspapers, book, and soon. You will see that now, a lot of publisher that will print many kinds of book. Often the book that recommended for you is Talk Truth to Yourself: Biblical Affirmations for How to live by God's promises instead of believing the lies we tell ourselves (Better Life Tools Book 1) this book consist a lot of the information from the condition of this world now. This particular book was represented so why is the world has grown up. The language styles that writer require to explain it is easy to understand. The actual writer made some study when he makes this book. Here is why this book appropriate all of you.

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