



# Developing Psychic Abilities

*Apryl J. Douglas*

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# Developing Psychic Abilities

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The most comprehensive yet easy to understand workbook for developing your psychic abilities.

Development techniques are offered in almost every chapter. In addition, sections have been placed in back for recording all psychic/metaphysical experiences. **Includes:** *Metaphysical Healing — Absentee Healing, Aura Cleansing, Color Healing, Chakra Balancing, Grounding & Cleansing Your Energies, Quartz Crystal Healing, Gemstone Healing, Magnetic Therapy, Magnetized Cloth • Intuitive Reading Styles — Aura Reading, Automatic Writing, Channeling, Crystal Gazing, Pendulums, Sand Scribing, Psychometry, Trance Mediumship • Psychic Protection • Numerology • Ritual — Herbs, Incenses, Candles, Oils & Spiritual Baths • Astral Projection • Past Lives • Karma • Déjà vu • Affirmations • Visualization • Psychic Energy Centers • Meditation • Dream Interpretation • and more!*

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