



# The Lightworkers Guide to Healing Grief

*Tina Erwin*

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## **The Lightworkers Guide to Healing Grief** Tina Erwin

When author Tina Erwin's niece died at the age of six, she was forced to use all of her knowledge of metaphysics to help herself, her sister, and their family to deal with this profound loss. All of her years of experience, coupled with the personal healing of her family, guided her to create this book. Erwin offers us all hope about the afterlife while also exploring reincarnation, death gates, angels, and ghosts. But more than that, she takes us through the stages of grief offering tools and methods that really help us heal. Comprehensively, this guidebook offers the tools you need to not only help yourself, but to help others, while providing a fascinating look at our soul essence.

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