



Lean Out: The Struggle for Gender Equality in Tech and Start-Up Culture

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"Disconcertingly thought-provoking." —TechCrunch

"Nineteen disruptive, disturbing and divergent voices ... an honest portrait of a network of gender-oppressed people leaning every which way." —Feministing

"Everyone who hires or manages anyone in tech ought to read the remarkable book Lean Out. If tech companies are unwelcoming places, to hell with them. Start your own company and run it better." —The Los Angeles Times

The split between the stated ideals of the corporate elite and the reality of working life for women in the tech industry-whether in large public tech companies or VC-backed start-ups, in anonymous gaming forums, or in Silicon Valley or Alley-seems designed to crush women's spirits. Corporate manifestos by women who already fit in (or who are able to convincingly fake it) aren't helping. There is a high cost for the generation of young women and transgender people currently navigating the harsh realities of the tech industry, who gave themselves to their careers only to be ignored, harassed and disrespected.

Not everyone can be a CEO; not everyone is able to embrace a workplace culture that diminishes the contributions of women and ignores real complaints. The very culture of high tech, where foosball tables and endless supplies of beer are de facto perks, but maternity leave and breast-feeding stations are controversial, is designed to appeal to young men. *Lean Out* collects 25 stories from the modern tech industry, from people who fought GamerGate and from women and transgender artists who have made their own games, from women who have started their own companies and who have worked for some of the most successful corporations in America, from LGBTQ women, from women of color, from transgender people and people who do not ascribe to a gender. All are fed up with the glacial pace of cultural change in America's tech industry.

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From reader reviews:

Sylvia Dasilva:

People live in this new moment of lifestyle always attempt to and must have the extra time or they will get great deal of stress from both lifestyle and work. So , once we ask do people have spare time, we will say absolutely of course. People is human not just a robot. Then we ask again, what kind of activity are you experiencing when the spare time coming to you actually of course your answer may unlimited right. Then do you ever try this one, reading publications. It can be your alternative inside spending your spare time, the particular book you have read is usually Lean Out: The Struggle for Gender Equality in Tech and Start-Up Culture.

Leslie Marcellus:

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