



# Baseball Defensive Drills

*Rod Delmonico*

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## **Baseball Defensive Drills** Rod Delmonico

"Rod Delmonico, one of the most innovative and thoroughly organized baseball coaches in the college universe, knows that miracles don't just happen on defense--you have to make them happen. He does this at Tennessee with a simple but highly practical drill program covering every facet of the defensive game. Coaches from Little League to Major League will find all the answers in this splendidly articulated practice manual." -- Herman Masin Editor-in-Chief, *Scholastic Coach*

Rod Delmonico, national Division I coach of the year, shares the drills and skills that he used to take the University of Tennessee baseball team to Southeastern Conference championships in 1994 and 1995, and the College World Series in 1995. *Baseball Defensive Drills* is divided into sections on pitching, catching, infield, and outfield drills, and concludes with a chapter on drills for the whole team. Drills are outlined in a step-by-step format and are highly illustrated with a wealth of photos and diagrams. Players and coaches interested in improving their defensive skills and training techniques will find this one of the best visual-aid books available.

**About the Author** Rod Delmonico has been head coach at the University of Tennessee since 1989. Since that time, the Volunteers have won three Southeastern Conference Eastern Division titles and two overall titles as well as a trip to the 1995 College World Series, the school's first in 44 years. Along with being named coach of the year for 1995 by *Baseball America* magazine, Delmonico has been honored as SEC coach of the year (1994, 1995) and the American Baseball Coaches Association's Southern Region coach of the year (1995). He has written other baseball books including *Defensive Baseball*, *Offensive Baseball Drills*, and *Hit and Run Baseball*, and has had numerous articles published in various publications.

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Baseball Defensive Drills can be one of your starter books that are good idea. Most of us recommend that straight away because this guide has good vocabulary that will increase your knowledge in terminology, easy to understand, bit entertaining but nonetheless delivering the information. The writer giving his/her effort to put every word into satisfaction arrangement in writing Baseball Defensive Drills although doesn't forget the main point, giving the reader the hottest and based confirm resource info that maybe you can be one of it. This great information can certainly drawn you into new stage of crucial pondering.

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