



To the Heart of Spain: Food and Wine Adventures Beyond the Pyrenees

Ann Walker, Larry Walker

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Part cookbook, part travel journal, part wine guide, **To the Heart of Spain** takes readers on a delightful, often irreverent "knife, fork and wine glass" journey through the regions of Spain. From the dusty backroad bars of Extremadura, to the trendy restaurants of Madrid, to the sand beach horse races of Andalusia, to the wine cathedrals of Jerez, Ann and Larry Walker pursue the heart of Europe's most mysterious land through its cuisine and the remarkable characters who bring it to the table. **To the Heart of Spain** includes a complete Spanish cookbook section--from tapas to desserts--with more than 100 authoritative, kitchen-tested recipes; an inside view of the wineries and winemakers that have shaped a new era in Spanish wines; and thoughtful reflections on Spanish history and character of interest to travelers and armchair travelers.

An affectionate, first-hand portrait of the Spanish landscape and people, **To the Heart of Spain** captures the essence of a Spain overlooked by conventional touring guides.

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