



Growing with Gardening: A Twelve-month Guide for Therapy, Recreation, and Education

Bibby Moore

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Growing with Gardening offers step-by-step guidance in planning a year-round horticultural program for therapy, recreation, or education. Developed under the auspices of the North Carolina Botanical Garden, it features more than 250 activities, organized by month, ranging from designing a raised plant bed and building a wheelchair-accessible garden to constructing a plant press and creating crafts from natural plant materials. More than 200 illustrations complement the clear, concise text.

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