



How An 20 Hindsight Is osw African American Girl gr20 up Mentally: Hindsight Is 20/20 - How an African American Girl Grows Up Mentally Ill and is dead last to find out

Agyei M Ekundayo

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Author Agyei Ekundayo's jarring memoir chronicles the cyclical mental illness of an African American girl who comes of age in a cruelly dismissive culture and patchwork healthcare system. The pages of this book expose a timeline of clarity and restoration; after 10 doctors, 13 pills and 5 psych ward stints failed. It is only after exchanging her safe place for a death wish that she realizes exactly to what degree isolation precedes advocacy.

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