



# **Coping with Physical Loss and Disability: A Workbook (New Horizons in Therapy)**

*Rick Ritter*

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## **Coping with Physical Loss and Disability: A Workbook (New Horizons in Therapy) Rick Ritter**

This workbook provides more than 50 questions and exercises designed to empower those with physical loss and disability to better understand and accept their ongoing processes of loss and recovery. The exercises in *Coping with Physical Loss and Disability* were distilled from ten years of clinical social work experience with clients suffering from quadriplegia, paraplegia, amputation, cancer, severe burns, HIV/AIDs, and neuro-muscular disorders arising from accidents, injury, and disease.

### **Series Info**

Coping with Physical Loss and Disability: A Workbook is the second book in the New Horizons in Therapy Series. This series is specifically designed to empower clients to work on their own in a therapeutic setting. As many therapists will state, it's often what the client does outside the session that can make the biggest difference in recovery.

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