



# Bipolar Disorder For Dummies

*Candida Fink, Joe Kraynak*

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**Bipolar Disorder For Dummies** Candida Fink, Joe Kraynak

**Get an accurate diagnosis and get on with enjoying and living your life!**

Bipolar Disorder affects many more people than just the millions who suffer from the disease. Like depression and other serious illnesses, bipolar disorder also affects spouses, partners, family members, friends, and coworkers.

*Bipolar Disorder For Dummies* explains the brain chemistry behind the disease and covers the latest medications and therapies. You'll get reassuring, sound advice and self-help techniques that you and your loved ones, including kids and teens, can use to ease and eliminate symptoms, function in times of crisis, plan ahead for manic or depressive episodes, and feel a whole lot better.

- Covers new diagnosis methods developed by the American Psychiatric Association
- Increased coverage of genetics, biochemistry, and imaging studies relevant to bipolar disorder
- Advice on supporting a loved one (who may not want help)
- Updated and expanded medication guide and treatment options, including Deep Brain Stimulation

Complete with fill-in-the-blank forms and charts, key online resources, and first-hand accounts from real people, *Bipolar Disorder For Dummies* gives you the latest information and self-help strategies you and your loved ones need to conquer this disease and get on with your lives.

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