



How to Change Anybody: Proven Techniques to Reshape Anyone's Attitude, Behavior, Feelings, or Beliefs (Audio CD)

-Dr. David J. Lieberman Ph.D.-

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Don't let crazy people drive you crazy. Don't let annoying, obnoxious, petty people get under your skin. Stop having to ask the same thing over and over again. Whether it's your kids, spouse, friend, client, patient, or co-worker, why try to "deal" with people when you can change them? New York Times bestselling author David Lieberman is a master at interpersonal relationships, and this is his most useful collection of easy psychological tactics yet. This book gives you the psychological tools to reshape and remake anyone into a better person. Before you break up with your boyfriend, fire your employee, or write off your mother-in-law, try changing them into someone new. With clear, easy-to-use techniques, How to Change Anybody tells you how to: * Make anyone more loyal * Eliminate prejudice in anybody * Stop passive aggressive behavior forever * Infuse anyone with more self-esteem and confidence * Eliminate self-destructive behaviors in anyone * Make a wallflower into a social butterfly * Turn a lazy bum into an ambitious go-getter * And much more!

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