



Expecting Adam: A True Story of Birth, Rebirth, and Everyday Magic

Martha Beck

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Expecting Adam: A True Story of Birth, Rebirth, and Everyday Magic Martha Beck

“A wonderful book, funny unbelievably tender, and smart. It shimmers.”--Anne Lamott

Includes an all-new afterword about Adam.

John and Martha Beck had two Harvard degrees apiece when they conceived their second child. Further graduate studies, budding careers, and a growing family meant major stress--not that they'd have admitted it to anyone (or themselves). As the pregnancy progressed, Martha battled constant nausea and dehydration. And when she learned her unborn son had Down syndrome, she battled nearly everyone over her decision to continue the pregnancy. She still cannot explain many of the things that happened to her while she was expecting Adam, but by the time he was born, Martha, as she puts it, "had to unlearn virtually everything Harvard taught [her] about what is precious and what is garbage."

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