

La Bella Vita: Live and Love the Italian Way

Leigh Aminda, Pietro Pesce



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La Bella Vita: Live and Love the Italian Way Leigh Aminda, Pietro Pesce Carla Bruni. Giorgio Armani. Luciano Pavarotti. Giada De Laurentiis. Sophia Loren. The Leonardos (Da Vinci e DiCaprio).

From fettucine to fashion and back again, nobody does *La Bella Vita* like the Italians. Whether preparing a meal or sculpting the David, singing an aria or seducing a lover, Italians take their time, and do it right-*adagio*! In this *bellissimo* primer, Romans Aminda Leigh and Pietro Pesce show you how to achieve that sensual perfection in everything you do, leading you on a smolderingly hot journey through each of the five senses:

- **Sight** (*vista*): Toss the shabby, shapeless clothes and dress up! Italians take meticulous care of their appearance and are *always* fashionable.
- Sound (udito): Act like an Italian and emphasize the positive whenever possible.
- **Touch** (*tatto*): Touch like all Italians do--double-kiss, hold hands, touch other people's arms, and gesticulate!
- **Taste** (*gusto*): Forget inhaling a heavy dinner--eat like Italians and savor a long, leisurely home-cooked meal!

From fashion and film to food and language, this book is the crash course in Italian living every Italophile should indulge in, *pronto*!

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Alejandro Jones:

Spent a free time for you to be fun activity to perform! A lot of people spent their leisure time with their family, or all their friends. Usually they carrying out activity like watching television, likely to beach, or picnic within the park. They actually doing ditto every week. Do you feel it? Would you like to something different to fill your own free time/ holiday? Could possibly be reading a book may be option to fill your free of charge time/ holiday. The first thing that you will ask may be what kinds of guide that you should read. If you want to try out look for book, may be the e-book untitled La Bella Vita: Live and Love the Italian Way can be very good book to read. May be it can be best activity to you.

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