



# 100 Promises to My Baby CD

*Mallika Chopra*

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## **100 Promises to My Baby CD** Mallika Chopra

A lyrical ode to maternal love -- and a universal expression of every mother's hopes and dreams for her child

I promise to love you with no conditions. I promise to try to teach you through example, not words. I promise to help you develop a love for your culture and heritage. I promise to show you that there are infinite possibilities in every moment. I promise to help you see and develop your unique talents. As she eagerly awaited the birth of her first child, Mallika Chopra began to craft a unique gift that would express her profound loving commitment to the baby growing inside of her.

**100 Promises to My Baby** is that gift -- a covenant with her child that reflected her own deepening awareness of the sacred responsibilities of parenthood. Here the author shares the vows she made to help her child grow up feeling cherished and secure, look at the world with wonder and curiosity, and learn spiritual values that would enrich her own life and contribute to making the world a better place. This audio will inspire listeners to think about their own lives, values, and beliefs, and what they would like to pass on to their children.

Foreword written and read by Deepak Chopra

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