



The Broken American Male: And How to Fix Him

Shmuley Boteach

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Why do American husbands come home from work too exhausted to interact with their families? When did a healthy quest for prosperity become a twisted game no one can win?

Shmuley Boteach has discovered a disturbing common thread in the families he meets: men responding to the pressure of competition in their work lives by turning away from their loved ones. In a world that judges men by the size of their paychecks and the wattage of their fame, the personal commitments of family and romance which once defined male greatness no longer even rate. As a result, we see more and more stressed-out dads, distracted husbands and miserable human beings who use alcohol, the internet, and sporting events as numbing stand-ins for the authentic thrills of real life.

In **THE BROKEN AMERICAN MALE**, Boteach doesn't just outline the problems facing marriages and nuclear families. He also offers inspiring solutions, showing how wives can help their broken husbands rediscover what is valuable in life, and become heroes again to their own families.

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