



# The New Feminine Brain: Developing Your Intuitive Genius

*M.D. Mona Lisa Schulz M.D. Ph.D.*

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Ever wonder why most women can handle the kids and careers and the renovation but men can concentrate on either the newspaper or a game on TV? This is because female brains have more interconnections that allow them to multi-task and split their attention. *The New Feminine Brain* is the first book by a medical doctor, who is also a psychiatrist and a brain expert, to show how modern life challenges are physically rewiring the brain and to address the particular challenges that women face as a result. The female brain today is not your grandmother's brain - it has even more connections and skills, but with that can come more physical problems, including an increase in attention and memory deficits and chronic mood and health conditions.

*The New Feminine Brain* combines the insights of Dr Schulz's research and stories of clinical experience as a neuropsychiatrist treating people with tough brain disorders with unique self-help and expert health advice. Readers will discover and cultivate their special genius and intuitive style with provocative self-tests, so they can hear and heal their depression, anxiety, attention, memory, and other brain problems. 'Rewiring' exercises, herbs and nutritional supplements will improve their physical, psychological and emotional health.

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**Alison McGowan:**

The reason why? Because this The New Feminine Brain: Developing Your Intuitive Genius is an unordinary book that the inside of the reserve waiting for you to snap it but latter it will jolt you with the secret the item inside. Reading this book adjacent to it was fantastic author who also write the book in such remarkable way makes the content inside easier to understand, entertaining way but still convey the meaning completely. So , it is good for you for not hesitating having this ever again or you going to regret it. This book will give you a lot of advantages than the other book get such as help improving your skill and your critical thinking technique. So , still want to postpone having that book? If I had been you I will go to the reserve store hurriedly.

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In this era which is the greater man or woman or who has ability in doing something more are more treasured than other. Do you want to become one among it? It is just simple strategy to have that. What you should do is just spending your time almost no but quite enough to enjoy a look at some books. One of many books in the top list in your reading list will be The New Feminine Brain: Developing Your Intuitive Genius. This book which can be qualified as The Hungry Hillside can get you closer in turning out to be precious person. By looking upwards and review this book you can get many advantages.

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