

# Skillstreaming in Early Childhood: Teaching Prosocial Skills to the Preschool and Kindergarten Child

Ellen McGinnis, Arnold P. Goldstein

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This book shows how to teach prosocial skills to young children, especially those who exhibit withdrawal, aggression, behavior problems, or learning disabilities. The training approach utilizes teacher modeling, student role playing, performance feedback, and transfer (homework). The book provides strategies for teaching 40 specific prosocial skills, such as trying when it's hard, joining in, dealing with teasing, knowing when to tell, and waiting your turn. These skills help kids learn to use self-control, develop competence in dealing with interpersonal conflicts, and contribute to a positive classroom atmosphere. The curriculum is divided into six skill groups: beginning social skills, school-related skills, friendship-making skills, dealing with feelings, alternatives to aggression, and dealing with stress.



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