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Sarah Bucker

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Discover 101 Gluten-Free Crock-Pot Recipes You Can Make Quickly And Easily Even If You're a Beginner In Slow Cooking

Are You Looking For Quick, Gluten-Free Crock-Pot Recipes For Your Whole Family?

Would You Like To Spend Only Minutes Rather Than Hours Preparing And Cooking Flavorful, Healthy Meals? Less than 30 minutes!!

Would You Like To Discover TOP 101 Easy to Make Recipes You Can Prepare Under 30 Minutes?

If you answered YES, then this book is a perfect fit for you, and you'll soon have your hands on 101 Gluten & Dairy Free, Low Carb, Absolutely Delicious Recipes

After hours of trying and searching out different recipes, I finally put together TOP 101 proven family favorite recipes you can prepare in minutes just by following simple directions.

They are so simple you can make them even if you are completely new to slow cooking. You'll be able to cook delicious meals like a professional chef without spending years in the kitchen.

Rather than adding time consuming, generic recipes, I carefully selected and tweaked a ton of different recipes to compile this recipe book which only includes SIMPLE ingredients you can easily find at your local store and are budget-friendly.

As a mother, I'm always looking for ways to not only prepare delicious meals but healthy as well to take care of my family's health. That's why all recipes in this book are low carb, plus gluten & dairy free.

Recipes You'll Discover In This Book:

Easy & Delicious Chicken Recipes

Easy & Delicious Pork Recipes

Easy & Delicious Beef Recipes

Easy & Delicious Soup Recipes

Easy & Delicious Chili Recipes

Easy & Delicious Dessert Recipes

Easy & Delicious Bread Recipes

As you can see, this book includes a huge variety of recipes which are easy to prepare and can be cooked

while you're sleeping...

Why You Need This Book:

Discover TOP 30 Family Favorite Recipes.(Believe me, your family will love them.)

Includes ONLY Gluten & Dairy Free Recipes. (You will avoid all digestion problems caused by gluten and dairy.)

Includes ONLY Low Carb Recipes. (it'll help you to maintain or lose weight easily.)

Prepare Meals Quickly. (Forget about spending hours in your kitchen, with this book you will be able to prepare meals quicker than ever before.)

What is Gluten and Why Does It Cause Problems?

Ten Signs That Prove You Are Gluten Sensitive

How to Avoid Gluten

Tips to Help Achieve Your Gluten Free Diet

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Theodore Mullis:

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Terry Brown:

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